

Listening To Music Has The **POWER TO HEAL!**



How The G.I. Tunes Program Works:

G.I. Tunes is a simple step by step process to match you with the music you like and which will be most beneficial in battling your PTSD.

- Step 1 Meet with a music therapist to discuss music interests and preferences and build a personalized music listening playlist. The music therapist will use clinical judgement to determine appropriateness of the program for each veteran.
- Step 2 Meet with an occupational therapist to select an iPod and add playlist.
- Step 3 Take the iPod and begin the at-home listening program, including tracking program effectiveness on the listening log.
- Step 4 Follow up meetings with the music therapist and occupational therapist as needed to discuss needs and change playlist if needed.
- Step 5 Participate in monthly/quarterly music therapy groups.

419.424.7036 • www.hancockveterans.com

**Your source for understanding and obtaining
the benefits and services you have earned!**



"Serving Those Who Served"

Hancock County Veterans Service Office
Riverview Executive Park
1100 East Main Cross, Suite #123 • Findlay OH 45840
phone: (419) 424-7036 • fax: (419) 424-7440
transportation line: (419) 424-7408

Office Hours: Monday - Friday, 8:30 am to 4:30 pm
(Closed every other Tuesday at 3pm for our bi-monthly staff meeting)

CRISIS LINE: 1-800-273-8255

*Dedicated to the men and women who
have served in all wars and branches of the
military. Call or visit to learn about benefits
and services available for you and
your family.*

Other services provided by the
Hancock County Veterans Service Office include:

Emergency Financial Assistance	Recovery Support Prescriptions
Exit from Service	Education Benefits
Nursing Home Benefits	Survivor Benefits
Health Benefits	Disability Benefits
Women's Veteran Benefits	Transportation
Ohio Veterans Home	Crisis/Suicide Prevention Hotline
Pension Benefits	
Referral To Treatment	
VA Home Loans	



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MUSIC CHANGES LIVES!

**Exploring How Listening To Music
Can Affect Your PTSD Symptoms.**



**Offering professional support to
Veterans who struggle with symptoms of
Post Traumatic Stress Disorder.**