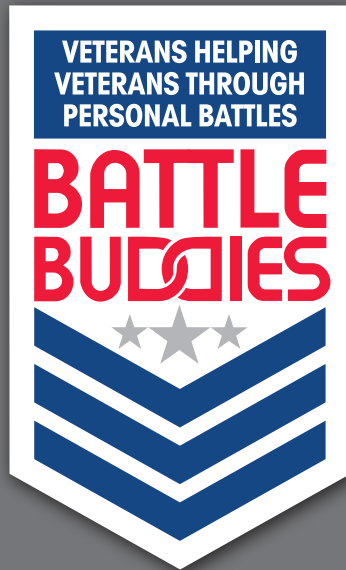


## Providing professionally-trained, safe relationships between veterans to help, guide and support one another.



### *The Battle Buddies program offers:*

- *Peer support and a partnership designed to motivate, educate and advocate for positive life choices and changes.*
- *Support to develop and implement a personal plan for an improved quality of life.*
- *Assistance for a fellow veteran to see recovery in a positive and realistic way.*
- *Building recovery from personal strengths.*
- *Assistance with scheduling and reminders of events and appointments.*

Battle Buddies is a unique program designed to link veterans in need of support with other professionally-trained veteran peers. The purpose is to aid in the overall mental, physical and spiritual well-being of each individual.

Each Battle Buddy supports one another through a lifelong friendship by battling through personal issues that they may be striving to overcome. Through these friendships, each veteran has the opportunity to be supported as they improve their health and wellness to a desired self-directed quality of life.

### *Our program can offer support to veterans who struggle with:*

- *Post Traumatic Stress Disorder*
- *Substance Use and Addiction*
- *Depression*
- *Survivor's Guilt*
- *Mood Disorders*
- *Trauma*
- *Grief*
- *Self-Injury*
- *Suicidal Thoughts*
- *Anxiety and Phobias*
- *Transitions to Civilian Life*
- *Employment Guidance*
- *Housing Assistance*
- *Eating Disorders*

*Battle Buddies give lifetime support to one another, build each other up and support each other through good times and challenging periods.*



***Our mission is to compassionately honor our veterans and their families by linking them with qualified support through personal, lifelong friendships. Battle Buddy friendships will entertain, educate, inspire, strengthen and build positive results.***

Program Provided By:



*"Serving Those Who Served"*

Hancock County Veterans Service Office  
1100 East Main Cross, Suite #123 • Findlay OH 45840  
Office Hours: Monday - Friday, 8:30 am to 4:30 pm  
(Closed every other Tuesday at 3pm for our bi-monthly staff meeting)

**For more info on this program, call 419.424.7036 • [www.hancockveterans.com](http://www.hancockveterans.com)**

